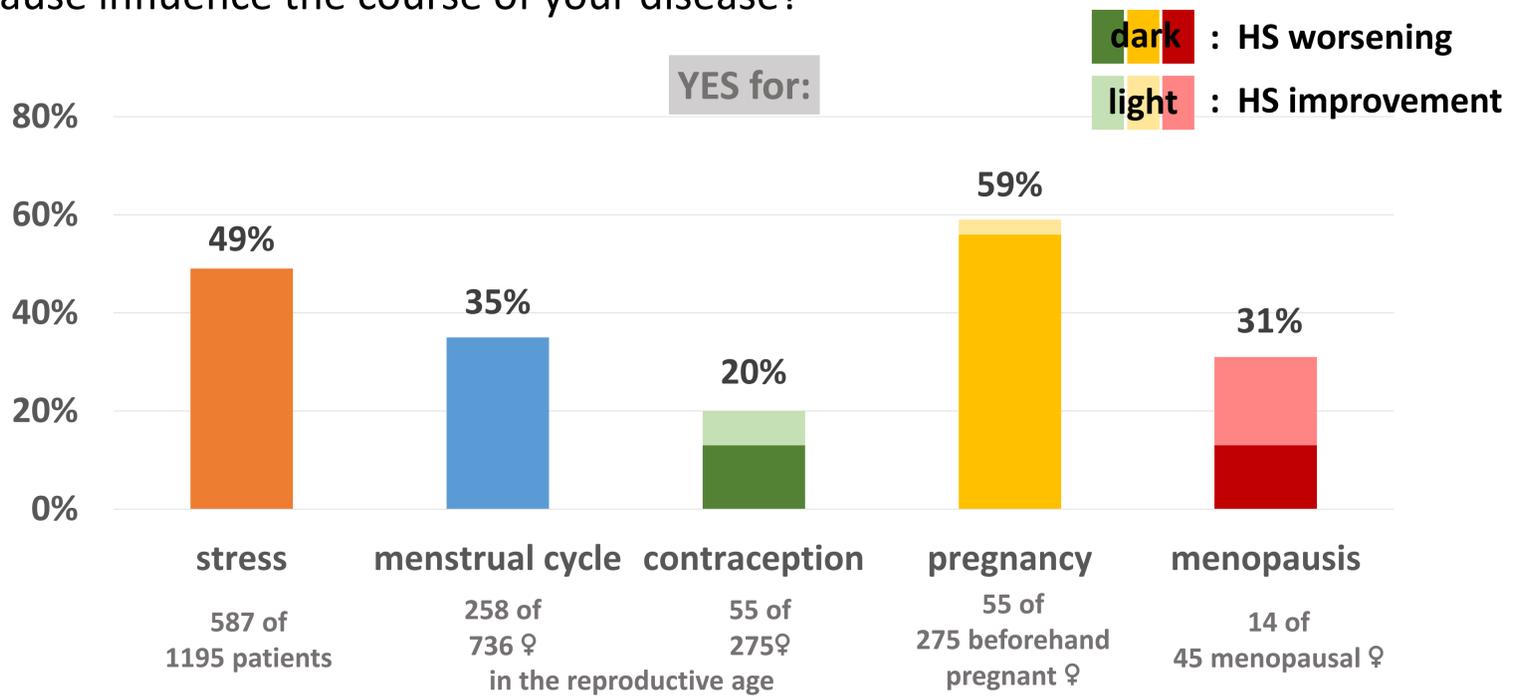


Which factors are identified by the patients as disrupters of hidradenitis suppurativa?

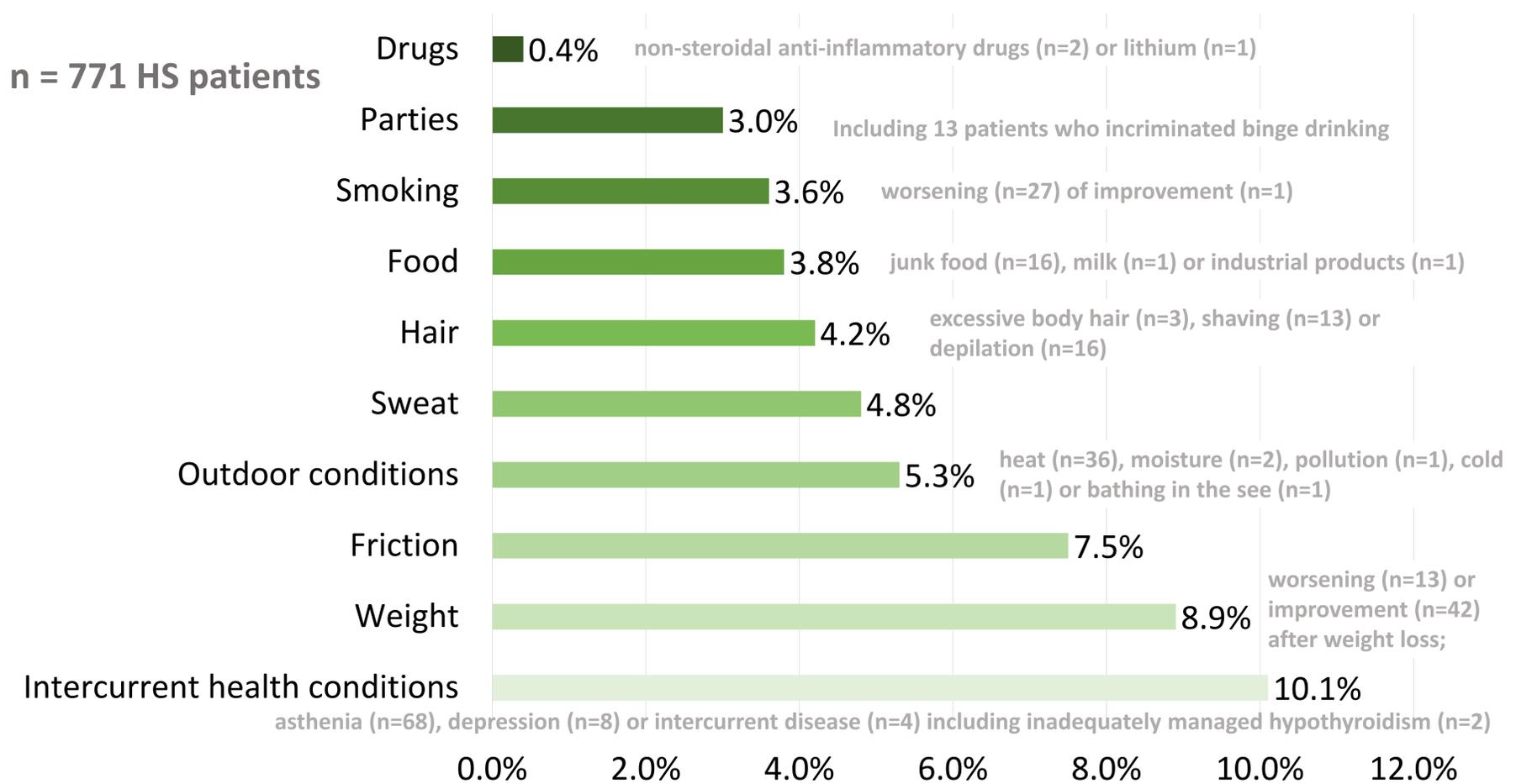
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Background: Whether smoking, overweight or others factors are recognized as disrupters of disease course by the patients themselves is unknown

Five closed questions: Do you think stress, menstrual cycle, contraception, pregnancy, or menopause influence the course of your disease?



Open question: Have you identified factors that influence the course of your disease?



Conclusion: Efforts have to be made to explore the mechanisms underlying patients' assessments that some factors influence the course of their disease such as stress and hormone-related events. Other efforts must point patients' education about the worsening roles of smoking and overweight and how to behave regarding hair, sweat and frictions. The vicious self-sustaining loop of flares and psychological impact must be taken into account.